

# Stay Out of the Kitchen!

Take the night off from cooking! You deserve a home cooked meal, and we'll deliver it right to your door—ready to eat. No shopping, no prep. Just enjoy!

We've delivered 37,000 meals this year and we want to bring *your* next delicious meal to YOU!



For 10 years, *Meals of Joy* has delivered freshly made, delicious meals to seniors across the West Valley. These are not meal kits. We deliver ready-to-eat, chef-prepared meals to your door. And it's far more affordable than dining out.



## What makes our meals special?

- Meals are made daily by a trained chef.
- Ready to eat, never frozen!
- Only buy the meals you want.
- Meals are delivered to your door between 11:00 am and 12:30 pm at no extra charge by a friendly volunteer.
- Our meals are delicious and nutritious.

**Call today to learn more!**

We're happy to answer your questions:

623-594-9588

  
**Meals of Joy**  
Serving Our  
Senior Community  
One Meal at a Time

[mealsofjoy.org](http://mealsofjoy.org)